



*Hello to all our new and existing patients.*

## UPDATES FROM THE PRACTICE

### Merry Christmas from the Practice!

As we approach the end of another year, we wanted to take a moment to extend our heartfelt thanks to all our patients. Your continued trust in us for your dental care means more than we can say.

Word of mouth remains our main way of welcoming new patients and knowing that so many of you feel confident recommending us to friends and family is one of the greatest compliments we could receive. Thank you for helping our practice grow through your kindness and support.

This year has brought plenty of change and memorable moments within our team—some colleagues have moved on to new opportunities, new team members have joined us, engagements have been celebrated, babies have arrived, and like many workplaces we've faced our share of challenges. Through it all, we've continued to support each other.

As the festive season approaches, we hope you enjoy a well-deserved break filled with joy, rest, and time with loved ones. If you need us over the holiday period, please see our festive opening times below:

### Festive Opening Hours

**Mon 22nd & Tue 23rd Dec** – *Open as normal (08:30–17:15)*

**Wed 24th Dec** – *Reduced hours (08:30–17:00)*

**Thu 25th – Sun 28th Dec** – *Closed*

**Mon 29th, Tue 30th & Wed 31st Dec** – *Reduced hours (08:30–17:00)*

**Thu 1st Jan** – *Closed*

**Fri 2nd Jan** – *Open as normal (08:30–17:15)*

If you require urgent dental advice while we're closed, please call **01756 793558** or **01943 608750** and follow the automated instructions.

**WINTER NEWSLETTER 2025**

**ILKLEY DENTAL CARE & BELLE VUE DENTAL PRACTICE**



## TREATMENT SPOTLIGHT

# Root Canal Treatment

### Experiencing toothache or sensitivity?

Root canal treatment is a highly effective way to save a tooth that might otherwise need to be removed. Modern techniques make the procedure comfortable, more predictable, and designed to preserve your natural tooth for many years to come.

### What Is Root Canal Treatment?

Root canal treatment (also known as endodontic treatment) is a procedure used when the nerve inside a tooth becomes infected or inflamed. During treatment, the damaged tissue is gently removed, the inside of the tooth is cleaned and disinfected, and the space is filled and sealed to prevent further problems. A restoration, often a crown, is then placed to protect the tooth and restore its function.

### Why Might You Need a Root Canal?

A root canal is often recommended if you experience:

- Persistent toothache or pain when chewing
- Lingering sensitivity to hot or cold
- Swelling, tenderness, or a small gum “pimple”
- Deep decay or a cracked tooth
- Infection visible on an X-ray

### Benefits of Root Canal Treatment:

- Relieves pain and treats infection at the source
- Saves your natural tooth
- Prevents the need for extraction
- Restores normal chewing and comfort
- Long-lasting results when paired with a suitable restoration
- Protects your oral health and prevents further complications

### Cost of Treatment:

Starts from £325.00

**Root canal treatment allows you to keep your natural tooth, helping maintain your bite, appearance, and overall oral health.**



### Book Your Consultation Today!

Skipton: 01756 793558 / [www.bvdp.co.uk](http://www.bvdp.co.uk)

Ilkley: 01943 608750 / [www.ilkleydentalcare.co.uk](http://www.ilkleydentalcare.co.uk)



### **Our Online Portal Just Got Better!**

Our online portal has been designed to make your experience smoother and simpler than ever.

Now, with just a few clicks, you can:

Easily book your Dental Health Check and Hygiene Maintenance Appointments

Quickly update your personal details like your address and contact numbers

Effortlessly refresh your medical history

To get started, simply ask our friendly reception team to send you the link and you'll be all set! All you need is an email address and mobile number.



We'd be over the moon if you could share the love by leaving us a glowing 5-star Google review!

You can use the QR codes below.

#### ***ILKLEY DENTAL CARE***



#### ***BELLE VUE DENTAL PRACTICE***



If you have any questions or concerns, don't hesitate to reach out. Email our Patient Care Manager, Jodie, at [jodiemarks@myidc.co.uk](mailto:jodiemarks@myidc.co.uk), and she'll be happy to help you out.

### **Merry Christmas and a Wonderful New Year!**

Thank you once again for your loyalty and support this year. From all of us at the practice, we wish you a Merry Christmas and a healthy, happy New Year. We look forward to seeing you in 2026!

*Phil, Owen & all of the team*

[www.ilkleydentalcare.co.uk](http://www.ilkleydentalcare.co.uk) / [www.bvdp.co.uk](http://www.bvdp.co.uk)

#### **Come Find Us On Social Media**



Ilkley Dental Group



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